

Who would benefit from the retreat?

Any woman suffering grief and pain from her abortion experience could benefit from attending. She could be young and recently had an abortion, middle-aged, or even a senior citizen. The retreat is especially appropriate for those beginning their healing journey or for those who understand that God forgives, but have been unable to fully accept God's mercy and forgive themselves.

How do I know if it would be helpful to me?

Listen to your heart and trust the prompting of the Holy Spirit. If you feel a sense of peace, it is likely that this is a good time for you to consider going on the retreat. You can contact Project Rachel anonymously to get more information to help with your discernment.

How is confidentiality ensured?

The retreat location is never disclosed on public advertising. All participants agree to a confidentiality pledge — not to disclose the location or repeat any personal stories that are told during the day.

follow-up available?

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Yes. There is a monthly Living Well support group where anyone who has attended a retreat can come for follow-up and support. More information will be provided at the retreat.

What is the cost?

There is no cost. The retreats are subsidized by the Project Rachel ministry of the Archdiocese of Boston. Participants are asked to contribute \$10 for the cost of lunch if they are able.

How can I register?

Call Project Rachel
at 508-651-3100

Or email
help@projectrachelboston.com

All inquiries are confidential.